



Jammu & Kashmir Cricket Association

(Affiliated to Board of Control for Cricket in India)

Jammu Office: Pavilion Building, Hostel Ground, GGM Science College, Jammu 180016

Srinagar Office: Sher-I-Kashmir Cricket Stadium, Sonwar, Srinagar-Kashmir, 190001

Tel :- 0191-4015572 Mob.:- 8899002224

Email :- jkcags_srinagar@yahoo.com

Ref. No. JKCA/MS/MA/JMU/2026/535

Dated: 30.04.2026

INSTRUCTIONS SENIOR MEN'S T20 TRIALS

The following individuals have been appointed to the Selection Committee for the Senior Men's T20 Trials scheduled to be held at Jammu & Srinagar:

1. Mr. Sarabjeet Singh
2. Mr. Dhruv Mahajan
3. Mr. Arshad Bhat

Additional Instructions for the Trials:

- a. Each player will be provided with refreshments comprising one 250ml water bottle and two bananas on trial days.
- b. Drinking water shall also be made available through dispensers at the venue.
- c. Accommodation for outstation Selection Committee members and Trainer shall be arranged by the Establishment Section, JKCA, subject to approval from the Member Administration, JKCA.
- d. Lunch arrangements for the Selection Committee shall be made by the respective offices.
- e. A first aid kit must be made available at both venues.
- f. The Store Section will provide cricket balls as per the requirements specified by the Selectors.

Date & Venue of Trials:

- a. For Jammu Based Players – 05th May to 07th May – Hostel Ground, Jammu
- b. For Srinagar & Ladakh Based Players – 09th May to 11th May – SK Stadium, Srinagar

The list of players who have successfully completed the registration process and are eligible for the fitness test is available on our website www.jkca.tv.

Fitness Test for Players:

A fitness test will be conducted at both venues for all the players. The following assessments will be included in the fitness test:

- a. 10-meter sprint





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- b. 20-meter sprint
- c. 40 – meter sprint
- d. Run a 3
- e. Standing long jump
- f. Yo-Yo test

Mr. Amit Bargoitra, Trainer, has been designated to conduct the fitness tests at both locations.

The fitness test will be held on 04th May & 05th May at Jammu and 08th May & 09th May at Srinagar. The list of players along with the date of schedule of the fitness test is available on our website www.jkca.tv.

It is pertinent to note that **only those players who qualify the physical fitness test shall be eligible to participate in the trials.**

Note:

The Players will report in Coloured uniform for trials at the respective venues at 08:30 AM.

-Sd-

Brig. Anil Gupta (Retd.)
Member Administration
J&K Cricket Association

